



2025 ABD Fall Fling Omnium

TOTAL PRIZE LISTS OVER \$3,500

Stage 1 Sat, Aug 30



WoodDale Crit
North Course
780 Aec Dr,
WoodDale, IL

9:00 AM **Men's Masters 60+ & up, Women's 50+ & up** (35 min) - Medals: 5 deep
9:45 AM **Juniors, Men's & Women's Cat 4/5** (35 min) - Medals: 5 deep
10:30 AM **Men's 50+, Women's Cat 1/2/3** (50 min) - Prize: see event details
11:30 AM **Men's Cat 1/2/3** (60 min) - Prize: see event details
12:40 PM **ParaCyclist - hand-cycles, tricycle, upright, tandem** (35 min) - Medals: 5 deep
Tour of Wisconsin/Illinois and ROTY points will be awarded
Register online - <https://www.bikereg.com/25ffwooddalecriteriumstage1>

Stage 2 Sun, Aug 31



ABR Illinois State Championship!

WoodDale Crit
South Course
780 Aec Dr,
WoodDale, IL

9:00 AM **Men's Masters 60+ & up, Women's 50+ & up** (35 min) - Medals: 5 deep
9:45 AM **Juniors, Men's & Women's Cat 4/5** (35 min) - Medals: 5 deep
10:30 AM **Men's 50+, Women's Cat 1/2/3** (50 min) - Prize: see event details
11:30 AM **Men's Cat 1/2/3** (60 min) - Prize: see event details
12:40 PM **ParaCyclist - hand-cycles, tricycle, upright, tandem** (35 min) - Medals: 5 deep
Tour of Wisconsin/Illinois and ROTY points and **ABR Illinois State Championship jerseys and medals will be awarded!**
Register online - <https://www.bikereg.com/25ffwooddalecriteriumstage2>

Stage 3 Sat, Sept 13



Al Stern RR
384 River Run
Dr, St. Anne,
IL

8:30 AM - **Men's Cat 1/2/3** (5 laps, 54.4 mi)
8:40 AM - **Women's Cat 1/2/3 & Men's 50+** (4 laps, 43.6 mi)
8:50 AM - **Masters: Men 60/65/70 & Women 40/50** (3 laps, 32.7 mi)
8:55 AM - **Men's Cat 4/5** (2 laps, 21.8 mi)
8:55 AM - **Men's 60/65/70/75/80/85/90+ & Women's 60/65/70/75/80/85/90+ & Women's Cat 5** (1 lap, 10.9 mi)
Tour of Wisconsin/Illinois and ROTY points will be awarded
Register online - <https://www.bikereg.com/25alsternroadrace>

Stage 4 Sun, Sept 14



Maple Park TT
Washington
Park, Maple
Park, IL

9:00 AM - First rider off
Top 3 Men & Top 3 Women
Prize: see event details
TT on road bikes will have the same categories as criteriums
10M flat, fast dipper shaped course
MATT'S and ROTY points will be awarded
Register online - <https://www.bikereg.com/25fallflingt>
Bib number will be mailed

\$25 - Jr categories, \$30 - Men and Women Cat 4/5, Women 50+, Men 60+, \$40 - Men and Women Cat 1/2/3, Men 30-59
Second race same event - \$15, Day of event onsite registration add \$10
Questions - email - nsrgthakkar@gmail.com, or call Jason Bambalas - (630) 465-3535



Must have ABR daily or season membership to race - purchase here -
https://secure.getmeregistered.com/get_information.php?event_id=1217